



# Greener Pastures Eco Farm

## On-Farm Store Product / Price List 2022

Depending on the season, different selections of meat may not be available in the store. We process seasonally as much as possible to account for the best pasture times. Thank you so much for your support of eating seasonally!

### 100% Grass Fed Beef

Shank Steak	\$7.25/lb	Stewing Beef	\$10.50/lb
Ground Beef	\$8.50/lb	Tenderloin	\$36.50/lb
Beef Roast	\$10.25/lb	Sirloin Steak	\$16.25/lb
Prime Rib Roast	\$15.00/lb	Striploin Steak	\$24.25/lb
Beef Burgers	\$9.50/lb (\$12 /pkg)	Ribeye Steak	\$24.25/lb
All Beef Sausage	\$10.25/lb (\$13.25/pkg)	Flank Steak	\$16.25/lb
Soup/Marrow bones	\$4.00/lb	Ribs (back/side/braising)	\$9.25/lb
Oxtail	\$7.25/lb	Liver	\$6.00/lb
Organs	\$4.00/lb		

### Heritage Pastured Pork

Fresh Hocks	\$6.00/lb	Butt Chops	\$9.75/lb
Smoked Hocks	\$8.00/lb	Ham Steaks	\$10.25/lb
Side Ribs	\$6.50/lb	Smoked Chops	\$13.00/lb
Ground Pork	\$8.00/lb	Black Forest Ham	\$10.25/lb
Fresh Roast	\$8.75/lb	Pork Tenderloin	\$13.00/lb
Garlic Sausage	\$8.50/lb (\$11.00/pkg)	Back Ribs	\$15.00/lb
Side Bacon	\$13.50/lb	Back Bacon	\$14.00/lb
Breakfast Sausage	\$9.25/lb (9.25/pkg)	Kolbassa	\$10.50/lb
Pork Chops	\$9.75/lb		

(We also have pork organs, feet, tails and ears for \$2.00/pkg)

### 100% Grass Fed Lamb

Ground Lamb	\$14.00/lb	Loin Chops	\$25.00/lb
Stew Lamb	\$16.00/lb	Lamb Chops	\$25.00/lb
Lamb Ribs	\$14.00/lb	Shoulder Roast	\$20.00/lb
Lamb Shank	\$16.00/lb	Leg Roast	\$20.00/lb
Shoulder/Leg Chops	\$20.00/lb	Rack of Lamb	\$25.00/lb

(We also have liver and organs for \$6.00/lb, and bones for \$4.00/lb)

### Heritage Pastured Poultry

Whole Chicken (2.5-5lb, neck and gizzard inside)	\$7.00/lb
Stew Hens (3-4lbs, seasonal availability)	\$5.50/lb
Whole Duck (4-9lbs, seasonal availability)	\$7.75/lb
Whole Turkey (10-24lb, seasonal availability)	\$7.00/lb
Chicken feet (\$4.00/lb), Heart (\$7.00/lb) and liver (\$7.00/lb) available near processing dates.	

### Specialty Meats/Additional Products

Beef/Pork Pepperettes	\$12.00 (10 pack)	Free Range Eggs	\$6.00/dozen
All beef pepperettes	\$10.00 (6 pack)	Pure Lard	\$10.00/container
Whole Summer Sausage	\$35.00 (12")	Leaf Lard	\$12.00/container
Whole All beef summer sausage	\$38.00 (12")	Beef Tallow	\$15.00/container
All beef sliced summer sausage	\$7.50 (1/4 lb. pkg)		
Sliced Summer Sausage	\$10.00 (1/2 lb. pkg)		



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### Bulk Box Programs

#### **50lb Beef Box**

**\$500 (\$10/lb) (\$50 deposit required on pre-orders)**

We sell our bulk beef in 50lb boxes, which is approximately 1/8 of a cow. Each cut is vacuum sealed to maximize duration of freshness. We have listed the cuts included in each box in order of greatest quantity to least quantity. Please note, these quantities are estimations only.

Roasts (Rump, Eye of Round)	12-13 lbs (~3 lb Roasts)
Ground Beef	15-18 lbs
Variety of Steaks (Sirloin, Striploin, Rib-eye)	10-12 lbs
Stewing Beef	5-6 lbs
Sausage (choice of garlic or plain)	2-3 lbs
Tenderloin	1-2 lbs

#### **30 lb Pork Box**

**\$240 (\$8/lb) (\$25 deposit required on pre-orders)**

We sell our bulk pork in 30lb boxes, which is approximately 1/4 of a pig. Each cut is vacuum sealed to maximize duration of freshness. We have listed the cuts included in each box in order of greatest quantity to least quantity. Please note, these quantities are estimations only.

Pork Chops	7-9 lbs
Ham Steaks	4-6 lbs
Bacon	5 lbs
Sausage (Garlic or Breakfast)*	5 lbs
Ground Pork	3 lbs
Fresh Roast	~3 lbs
Side Ribs	1 lb

\*Customer may choose to include a combination up to 5lbs total sausage product.

#### **25 lb Ground Beef Box**

**\$187.50 (\$7.50/lb)**

A 25lb bulk box of our 100% grass fed lean ground beef. Ground beef comes in one-pound vacuum sealed packages for maximum duration of freshness.

**For inquiries about half and whole beef, pork and lamb options, please send an us an email:**

**[greenerpastures.ecofarm@yahoo.ca](mailto:greenerpastures.ecofarm@yahoo.ca).**